

ACTIVITIES 2.12 – 2.15

DRILL & CEREMONIES LABS

The four drill and ceremonies labs below build on the principles of followership discussed in Activity 3.1. The goal is for cadets to learn basic drill movements first by imitating their instructor's actions, and then, with practice, for the cadets to become proficient in those movements such that they can execute each movement's task steps in the proper sequence, without coaching. The training sequence calls for cadets to begin by learning simple, in-place movements, and then gradually move on to more complicated movements such as flanks and columns. Labs 2 through 4 include time to review the movements cadets learned in previous sessions.

Suggested Instructors

A cadet officer should oversee the labs and divide the cadets into groups of 3 or 4
A number of cadet NCOs should serve as the primary instructors

Duration

2.0 hours total; see below for breakdown

Objectives

1. Defend the idea that drill and ceremonies is an important tradition and staple of cadet life
2. Demonstrate how to perform basic drill movements

References (see capmembers.com/drill)

AFMAN 36-2203, *Drill and Ceremonies*

AFJROTC Drill and Ceremonies Instructor Guide

Air Force Drill & Ceremonies Instruction (DVD)

Special Note for Instructors

It is essential that instructors review the drill manual before teaching new cadets. Knowledge of drill is often passed down orally from one generation of cadets to another, which makes it easy for incorrect practices to take root in a squadron. Even the most experienced cadets should review the drill manual to ensure they are teaching cadets how to drill properly.

The *AFJROTC Drill and Ceremonies Instructor Guide* explains how to perform drill movements step by step. Instructors are encouraged to use this guide as a "cheat sheet" they can refer to when teaching cadets how to drill. Special thanks to HQ AFJROTC for sharing this excellent resource with CAP.

Demonstration – Performance Method

Instructors use the demonstration – performance method described below to teach cadets how to perform basic drill and ceremonies maneuvers.

1. State the movement and explain its purpose.
2. Perfectly demonstrate how the movement is performed at a normal cadence, twice.
3. Break the movement into segments. Show the starting position and the finishing position and identify any special rules or standards. Slowly demonstrate the movement one step at a time, by the numbers. Allow cadets to ask questions.
4. Have cadets try executing the movement on their own, and then as a group, by the numbers. Watch them closely and give them feedback. Ensure everyone understands how to perform the movement properly.

Drill Down

A drill down is a fun way to practice drill. The instructor calls commands at random (slowly at first, then gradually faster). Call only those commands the cadets have been taught. If a cadet makes a mistake, they receive one “strike.” Upon earning 2 strikes, the cadet falls out. Play continues until there is one cadet remaining, who is the winner.

LESSON OUTLINE

<p>Drill Lab #1 30 min</p> <p>10 min Flight, ATTENTION Parade, REST AT EASE REST</p> <p>5 min FALL IN (Dress, Cover, Interval, Alignment) FALL OUT DISMISSED</p> <p>10 min Eyes, RIGHT Ready, FRONT Dress Right, DRESS Ready, FRONT</p> <p>5 min Present, ARMS Order, ARMS Hand, SALUTE</p>	<p>Drill Lab #2 30 min</p> <p>5 min Review</p> <p>10 min BY THE NUMBERS Left, FACE Right, FACE About, FACE</p> <p>5 min Mark Time, MARCH Flight, HALT Forward, MARCH</p> <p>5 min Open Ranks, MARCH Ready, FRONT Close Ranks, MARCH</p> <p>5 min Drill Down</p>	<p>Drill Lab #3 30 min</p> <p>5 min Review</p> <p>10 min Left Flank, MARCH Right Flank, MARCH To the Rear, MARCH</p> <p>2 min Count Cadence, COUNT</p> <p>2 min FRONT & CENTER RETURN TO RANKS</p> <p><i>Time Permitting</i> Left Step, MARCH Right Step, MARCH Flight, HALT</p> <p>10 min Drill Down</p>	<p>Drill Lab #4 30 min</p> <p>5 min Review</p> <p>10 min PRACTICE TEST FALL IN Dress Right, DRESS & Ready, FRONT Parade, REST Flight, ATTENTION Left, FACE Right, FACE About, FACE Hand, SALUTE Present, ARMS & Order, ARMS Eyes, RIGHT & Ready, FRONT (at halt) FALL OUT</p> <p>15 min Drill Down and/or Individualized Coaching</p>
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